



OLD DOMINION BOAT CLUB

FALL 2009 SELECT ROWING

IMPORTANT DATES...

9/12:	ON-SITE REGISTRATION (8-10am)
9/14:	START OF TRY-OUTS
9/27:	HEAD OF THE POTOMAC
10/4:	HEAD OF THE CHRISTINA
10/10:	ODBC STEAK NIGHT
10/11:	OCOCOQUAN CHASE
10/16-10/18:	HEAD OF THE CHARLES
10/31:	HEAD OF THE OCOCOQUAN

Cost: \$300/PERSON **

** cost does not include uniform or Head of the Charles travel

ABOUT...

The Old Dominion Boat Club, the birthplace of high school rowing in Alexandria, is proud to sponsor the eleventh season of competitive crew for area high school rowers. Tryouts for the program are open to all experienced high school oars-people, and begin on Monday September 14th. Registration will take place on Saturday September 12th from 8am-10am at the Dee Campbell Rowing Center in Alexandria. The program will be coached this fall by Scott Gordon (Men) and Nick Johnson (Women). More info about the program can be found at <http://tcwcrew.org/odbc/odbc.htm> and both coaches can be reached via email at odbc_select@yahoo.com.